

# **U3A** Network-NSW Resource Library



So you'd like to set up a Men's Shed, or perhaps chat with others who are already operating one?

It has been decided to refer you directly to "experts" in the field, rather than pass information on second-hand.

**1) Australian Men's Sheds Association (AMSA)** is a "contact point" for all information on **community-based** Men's Sheds. You should visit their website at **<http://www.menssheds.org/>** There you will find a bi-monthly newsletter (colourful and extremely readable), the location and details of existing and planned "sheds" Australia-wide (including contact details for each), a comprehensive "Starter Kit", a Discussion Forum plus other relative information. This site is **highly recommended** as a resource for those establishing/conducting U3A Men's Sheds. For further details phone AMSA on **1300 550 009** or email **amsa@tpg.com.au**

*(Many thanks to John Neilsen of Hastings Valley U3A for the above information)*

**NOTE:** AMSA is in no way associated with Mensheds Australia (see at # 3 below)

(2) **Grafton U3A (NSW)** has a well-established and very active Mens' Shed.

They have been trail-blazers in the establishment of U3A Men's Sheds and have given valuable and valued advice and support to others groups setting them up. They are more than happy to talk with anyone about the process - after all, sometimes it helps to talk with someone who is "hands-on"! If you would like to take them up on this offer, you should make contact as follows:

**David Abrahams**

Phone (02) 6642 2540

Mobile: 0407 413813

Email: [dga@hotkey.net.au](mailto:dga@hotkey.net.au)

David, indeed anyone at Grafton, will be very happy to help in whatever way he/they can.

(3) **Mensheds Australia** is a national non-profit "peak" body set up to help groups establish Men's Sheds. They provide a comprehensive package of printed information. Full membership as at 2007 was \$275 per year. However, there is no charge for Associate Membership. You can access their website at <http://www.mensheds.com.au/> For further details you should contact Mensheds Australia as below.

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